



COVID-19 “2m Training” (1 of 5)

CONSENT TO TRAIN – COMPLETE ONLINE ‘CONSENT TO TRAIN FORM’ AT LEAST 24-HRS BEFORE YOUR FIRST SESSION

SYMPTOMS – IF YOU OR SOMEONE IN YOUR HOUSEHOLD HAS HAD SYMPTOMS IN LAST 2-WEEKS - **STAY AT HOME AND FOLLOW NHS ADVICE (PLUS NOTIFY CLUB)**

PHYSICAL CONTACT – YOU CAN ONLY BE CLOSER THAN 2m TO SOMEONE IN YOUR OWN HOUSE – SO, **NO MATCHES OR TACKLING – KEEP 2m AWAY FROM EVERYONE – NO HANDSHAKES, HIGH-FIVES OR GOAL CELEBRATIONS**

RISK ASSESSMENT – READ THE GOVERNMENT AND FA GUIDANCE ON CLUB WEBPAGE – **COMPLY WITH ALL RULES AND GUIDANCE (PLUS YOUR COACHES RISK ASSESSMENT)**

ALL PLAYERS, COACHES, PARENTS AND CARERS MUST COMPLY





COVID-19 "2m Training" (2 of 5)

TRAVELLING TO TRAINING – YOU CAN ONLY TRAVEL WITH SOMEONE FROM YOUR OWN HOUSEHOLD, SO NOBODY CAN BE OFFERED A LIFT IN A FRIEND'S CAR

DESIGNATED AREA – EACH PLAYER WILL ARRIVE AND STAND IN YOUR 'COLOURED SQUARE' OF 4-CONES. THERE WILL ONLY BE 5 'DESIGNATED AREAS' PER TRAINING GROUP

DRINKS - BRING YOUR OWN DRINK CLEARLY LABELLED WITH YOUR NAME ON IT AND PLACE IN YOUR DESIGNATED AREA

WASHING HANDS - EACH PLAYER BRINGS THEIR OWN HAND SANITIZER (LABELLED WITH THEIR NAME ON IT) - WASH HANDS BEFORE, DURING AND AFTER EACH SESSION – PLACE HAND SANITIZER IN YOUR DESIGNATED AREA





COVID-19 “2m Training” (3 of 5)

CONCERNS – PLEASE VOICE ANY CONCERNS YOU MAY HAVE, WHICH WILL BE LISTENED TO RESPECTFULLY BY COACHES, CLUB COMMITTEE AND COVID-19 TRAINING OFFICER

ARRIVAL BASELINE CHECK – EACH PLAYER ON ARRIVAL WILL BE ASKED IF THEY HAVE A HIGH TEMPERATURE, A NEW CONTINUOUS COUGH, A SORE THROAT OR SHORTNESS OF BREATH, A LOSS OF OR CHANGE IN NORMAL SENSE OF TASTE OR SMELL OR ARE FEELING UNWELL – IF SHOWING ANY SIGNS OF THE ABOVE YOU MUST RETURN AND STAY AT HOME AND FOLLOW NHS GUIDANCE

ATTENDANCE REGISTERS – COACHES WILL MAINTAIN AN ACCURATE REGISTER OF THOSE ATTENDING ALL SESSIONS





COVID-19 “2m Training” (4 of 5)

PARENTS / CARERS – SHOULD MAINTAIN 2m SOCIAL DISTANCING FROM PEOPLE FROM OTHER HOUSEHOLDS AT ALL TIMES PLUS REMAIN AT LEAST 5m OUTSIDE OF THE DESIGNATED TRAINING AREA AT ALL TIMES

FIRST AID – SHOULD FIRST AID BE REQUIRED, IN THE FIRST INSTANCE SOMEONE FROM THE SAME HOUSEHOLD AS THE INJURED PLAYER SHOULD ADMINISTER TREATMENT, BUT IF A LIFE- OR LIMB-THREATENING INJURY THEN THE COACH, WEARING SUITABLE PPE (MASK AND GLOVES) SHALL INTERVENE

EQUIPMENT (INCLUDING FOOTBALLS) - WILL BE COLLECTED IN BY THE COACH AND DISINFECTED AFTER EACH SESSION.





COVID-19 “2m Training” (5 of 5)

COUGHING AND SNEEZING – PLAYERS SHOULD BE REMINDED TO SNEEZE OR COUGH INTO A TISSUE OR THEIR SLEEVE, PLUS NOT TO TOUCH THEIR MOUTH / FACE, THEN TO WASH THEIR HANDS IMMEDIATELY

SPITTING – PLAYERS SHOULD BE TOLD NOT TO SPIT AS THIS IS NOT HYGENIC AND CAN SPREAD GERMS AND VIRUSES

FOOTBALLS – ALL PLAYERS REMINDED TO KICK THE BALL RATHER THAN PICKING IT UP, BUT IF A FOOTBALL IS HANDLED DURING A TRAINING SESSION, THEN A DISINFECTANT WIPE SHOULD BE USED TO CLEAN THE BALL

END OF SESSION – ALL TO WASH HANDS AND LEAVE PROMPTLY AT THE END, SAFELY MAINTAINING 2m DISTANCE





COVID-19 “2m Risk Assessment”



NOTE: All other routine Safeguarding Principles and Pitch Risk Assessment procedures, as well as incident reporting protocols apply as shown in the Club Rules and Constitution on our Website

AREA OF CONCERN	RISK TO PLAYERS	RISK BEFORE MITIGATION	SOLUTION	RISK AFTER MITIGATION	COMMENTS
MAINTAINING SOCIAL DISTANCING IN CAR PARKS AND PLAYING AREAS	BECOME INFECTED BY COVID 19 AND SPREAD DISEASE	HIGH	WHEREVER POSSIBLE PARENTS/CARER AND CHILDREN TO WALK TO TRAINING VENUE. IF YOU HAVE TO DRIVE PLEASE ENSURE YOU KEEP 2 METRES DISTANT WHEN EXITING THE CAR AND WALKING TO THE TRAINING AREA EACH CHILD TO BE GIVEN A MAP FROM THEIR MANAGER/COACH OF THEIR CHOSEN TRAINING AREA NOBODY SHOULD ENTER ANYONE ELSE'S TRAINING AREA FOR ANY REASON.	LOW	
MAINTAINING 2 METRE SOCIAL PHYSICAL ACTIVITY	BECOME INFECTED BY COVID 19 AND SPREAD DISEASE	HIGH	WHEN WALKING TO TRAINING AREA PLEASE ENSURE YOU ALL REMAIN AT LEAST 2 METRES FROM ANYBODY. TRAINING ACTIVITIES WILL BE SET OUT TO ENSURE SAFE DISTANCE FOR ALL PLAYERS AND COACHES. PARENTS TO MAINTAIN 2 METRES DISTANCING WHEN WATCHING THE TRAINING SESSION. THEY MUST ALSO MAINTAIN 5 METRES FROM THE TRAINING AREA.	LOW	
PLAYING AND PERSONAL EQUIPMENT	BECOME INFECTED BY COVID 19 AND SPREAD DISEASE	HIGH	PLAYERS TO PROVIDE THEIR OWN DRINK AND HAND SANITISER WITH THEIR NAMES CLEARLY LABELLED AND KEPT 2 METRES APART ON THE EDGE OF THE TRAINING SESSION. ALL EQUIPMENT TO BE CLEANED BY THE COACH BEFORE AND AFTER TRAINING.	LOW	
PPE AND HAND HYGIENE	BECOME INFECTED BY COVID 19 AND SPREAD DISEASE	HIGH	DURING TRAINING ALL COACHES WILL HAVE FACE MASKS (Optional), GLOVES (Optional) AND HAND SANITISER (Compulsory). FOR ADMINISTERING LIFE- OR LIMB-THREATENING FIRST AID PPE (FIRST AID MASKS AND GLOVES) ARE COMPULSORY. ALL CHILDREN WILL BE ENCOURAGED TO USE THEIR OWN HAND SANITISER BEFORE DURING AND AFTER TRAINING	LOW	



**THANK YOU FOR
KEEPING THE
WINWICK FAMILY
SAFE!**



<http://winwickathletic.com/covid-19-training-policy/>